



FINCH INFORMATION SHEET

UNSINGLE

The art and science of finding true love

Louise Gabriel

BOOK INFORMATION

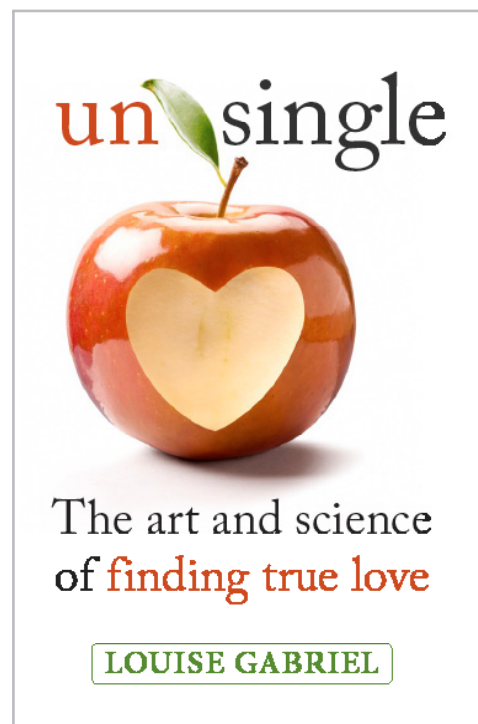
Title: *Unsingle: The art and science of finding true love*

Author: Louise Gabriel

ISBN: 978 1925 048315

Price: \$24.99 paperback; \$9.99 ebook

1 December 2014, PB, 208 x 148mm, 224pp, Relationships/ Memoir



Unsingle contains breakthrough approaches for anyone searching for love. It is based on neuroscience which tells us that by changing what we focus on we can change our life and our experiences

- Uses the latest fascinating research in neuroscience to understand what attracts people to each other
- Offers simple, positive step-by-step approaches to understanding others and ourselves as we search for a compatible partner
- Includes information on finding the 'single switch' and turning it off– the process of moving the mind into the love zone and keeping it there (by rewriting neural pathways to support positive beliefs about love)

KEY POINTS

- Between Christmas parties and holidays, December is a lonely month for singles of all ages
- Realistic, practical and engaging advice written in a down to earthy style
- Neuroscience is well- documented and referenced
- The author lives in Attadale, WA. Her local bookshop is Dymocks Booragoon. She is a former book-seller.

ABOUT THE AUTHOR

Louise Gabriel is a former bookshop manager whose professional life led to a keen interest in neuroscience



and plasticity. She explores what neuroscience can teach us about relationships and recounts how it led to her finally finding her own life partner. They live in Hobart Tasmania. Louise is available for talks and events.