



Mandy Nolan launches Home Truths on East Coast comedy and book tour

'Mandy Nolan is my guru. It is like she has crawled inside my busy head to make me laugh from my marrow out, while gently reassuring me it's ok not to be perfect. She rocks.' - **Julia Morris**



Following hot on the heels of her successful and wickedly funny books *What I Would Do If I Were You* and *Boyfriends We've All Had (But Shouldn't Have)*, comes **Home Truths** by comedian Mandy Nolan. For anyone who has ever dreamt of owning, building, renovating or perhaps bulldozing their home, or for those who have actually done it and survived, this collection of witty insights and reflections on how and where we live makes compulsory reading.

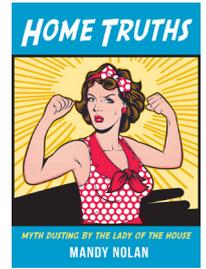
In **Home Truths**, Mandy explores poet Anne Sexton's assertion that 'women marry houses'. With great humour, she explores who are we in the place where we live, why we live there, and how this influences our everyday behaviour. Mandy is a self confessed FOMOOLSB sufferer (Fear of Missing Out on Living Somewhere Better) who uses her latest narrative for a peek over the fence at how the rest of us live.

'Eat a donut, drink a coffee, read this book... now there's a perfect day.' - **Glenn Robbins**

This cushion-collecting, OCD-afflicted, cleaning-obsessive covers everything from the joy of renovations, lost socks, pets and the use of neutral colour schemes to working from home, visiting display homes and homelessness and milks a few sacred cows along the way, even giving Feng Shui a kick along by asking: 'Why change your behaviour when all you have to do is move your bed?'

Nolan is combining stand-up and written humour in a five-month long tour that starts at the Melbourne International Comedy Festival in April, moves through NSW, ACT, and Queensland before coming full circle to finish at the Melbourne Writers Festival.

Mandy Nolan is an accomplished comedian, artist and journalist, a self-proclaimed expert on all matters feminine, a regular contributor for *The Hoopla*, and an occasional guest on ABC's *Q&A* and SBS's *Mums The Word*. In April/May 2015 she will appear on SBS talking about the humour program she and husband Prof John Stevens have developed to help people with dementia. A study on their program has been published in the international journal *DEMENTIA*. Find out more about her events at www.finch.com.au/books/home-truths.



'I laughed, I cried, I screamed and then the other people in the library told me to shut up.' - **Dave O'Neil**

TOUR SCHEDULE 2015

- 16-18 April: Melbourne Comedy Festival, VIC
- 20 April: Potts Point Bookshop, Sydney, NSW
- 21 April: Waverley Public Library, Sydney, NSW
- 27 April: Mary Ryans Bookshop, Byron Bay
- 28 April: Avid Reader, Brisbane
- 29 April: Annie's Books on Peregian Beach
- 6 May: Paperchain Bookshop, Canberra
- 13 May: Alfies and Moo luncheon, Caloundra
- 14 May: Book Warehouse, Lismore
- 6-9 June: Bellingen Writers Festival
- 22 Aug: Melbourne Writers Festival panel
- 23 Aug: Romance Writers of Australia Conference

For event details, visit

www.finch.com.au/books/home-truths

'Again and again while reading this hilarious book I kept having one thought; I want to live with Mandy Nolan. This is possibly inappropriate.' - **Tommy Dean**

MEDIA

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Home Truths is available from 31 March 2015 in paperback (\$24.99) and ebook (\$9.99).